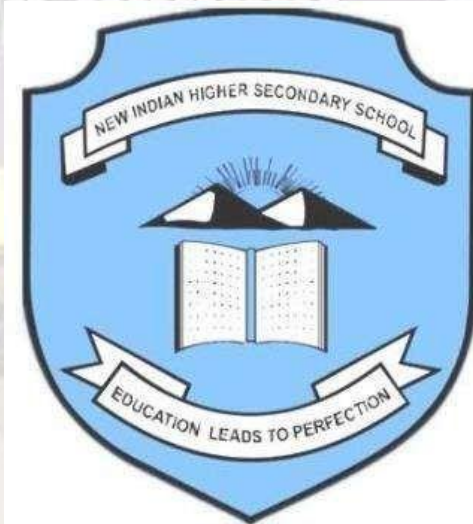


NEW INDIAN SCHOOL RAS AL KHAIMAH



NIS NO SMOKING POLICY

Signed:

Principal:

Date : 05/04/2022

ICT Co-Ordinator:

Date : 05/04/2022

NIS NO-SMOKING POLICY

2022 - 2023

Introduction

NIS vehemently opposes the use of any nicotine or additives as it may have long-term effects on the development of a teen's brain. Smoking has an influence on how children and teens' lungs grow, which may hinder their capacity to engage in physically demanding activities like sports. Additionally, smoking contributes to early onset cardiovascular disease, breathlessness, and impaired endurance.

Rationale

The goal of the policy is to guarantee that New Indian School is a smoke-free environment and to make it clear how the school would handle any smoking-related problems that might affect the students' health, safety, or capacity to obey the law.

The use of e-cigarettes or any addictive substances of any type on the school campus or in school transportation is absolutely forbidden.

As a responsible institution, NIS strongly prohibits the use of any kind of nicotine or additives due to the possible long-term effects of nicotine exposure on adolescent brain development. Smoking in children and teens reduces lung expansion, leads in early cardiovascular disease, shortness of breath, and diminished endurance, all of which can affect athletic performance and other physically demanding activities.

Objectives

- Establish a no-smoking area within the building, on the school grounds, and on all school-related vehicles to protect the health of the whole school community and visitors.
- Promote healthy living and give them the resources they require to make informed decisions regarding smoking.
- By providing these capabilities, you can teach students the social skills they need to resist peer pressure to smoke and overall societal pressure.
- A smoke-free environment should be set as an example for the entire school in order to reduce the prevalence of smoking and the risks associated with it.
- The need to increase public knowledge of the risks that come with smoking and the impact that this addiction has on families.

The Non-Smoking Environment

All staff, students, and visitors to the school, such as parents, visiting vendors, temporary employees, contractors, and governors, must abide by the following statements:

- Smoking is not permitted at any time or in any area of the school grounds. This comprises all academic facilities as well as the school's outside spaces, such as the playgrounds, athletic fields, and parking lots.
- On a school visit or excursion, smoking is not authorized by anyone.
- It will be highly discouraged to smoke at the entrances and exits to the school grounds.
- The necessary signage has been placed throughout the campus.
- Visitors are supposed to be made aware of the no-smoking rule by staff personnel.

Application of the No Smoking Policy

- Every member of the school community has a responsibility to uphold this policy consistently and to respond appropriately when it is infringed.
- Smokers will be asked to put out the fire and/or leave the area if they are discovered on the premises.
- If staff members desire to smoke, they must leave the school grounds.
- Smokers will be warned that they run the possibility of being reprimanded if they are on the faculty or among the pupils.
- Since both the school and the parents are equally responsible for the well-being of the child, parents will be contacted if their children violate this rule.
- Based on the severity of the offence, the student code of conduct, behaviour policy, and any other rules or guidelines issued by NIS or MOE will all be relevant.

NIS NO SMOKING POLICY WILL BE REVIEWED AND UPDATED ON	APRIL 2023
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